

CHEAT SHEET FOR HITTING DIFFERENT LIES

Handling different lies is key to improving your golf game.

Use this quick reference guide for adjusting to each situation.

Ball Above Your Feet • Choke down on the club • Stand taller and avoid excessive knee bend • Aim to allow for a draw • Take one less club	Downhill Lie • Tilt shoulders to match the down slope • Move the ball slightly back in your stance • Use a club with more loft • Swing with the slope, maintaining balance	Hard Pan • Use a club with less bounce • Play the ball slightly back in your stance • Make a crisp, descending blow — no scoop • Keep hands ahead of the ball
Ball Below Your Feet • Wide Stance / bend knees • Grip down • Aim for a fade • Stay balanced	Uphill Lie • Tilt shoulders to match the up slope • Move the ball slightly forward in your stance • Take more club • Swing with the slope and avoid over-swinging	Soggy Ground • Use a club with more bounce — no dig • Grip the club slightly firmer for control • Play the ball slightly forward • Avoid taking too much turf — brush ground
Ball In A Divot • Choose an Iron (not a hybrid or wood) • Take one extra club — grip down • Ball Back in Your Stance — weight forward • Hands Ahead of the Ball w/ descending blow	Deep Rough • Tilt shoulders to match the up slope • Move the ball slightly forward in your stance • Take more club • Swing with the slope and avoid over-swinging	Uphill Lie • Tilt shoulders to match the up slope • Move the ball slightly forward in your stance • Take more club • Swing with the slope and avoid over-swinging